

# The Nutrition Reporter

## Here's How to Subscribe to Jack Challem's The Nutrition Reporter™ Newsletter

Since 1992, The Nutrition Reporter™ newsletter has summarized the best late-breaking health research on vitamins, minerals, and foods...helping consumers and physicians better understand how nutrition and supplements impact health. We publish 10 regular issues each year and at least 2 "extra" issues. Each issue is printed and mailed, and overseas issues are sent via air mail. We do not publish online.

To subscribe, follow these steps...

### 1. Please print out a copy of this page.

### 2. Indicate one of the three following subscriptions:

- I have enclosed a check for \$28 for a 1-year subscription to my U.S. address.  
 I am subscribing from Canada or Mexico and have enclosed a check for either \$34 US or \$40 CND.  
 I am subscribing from a different country and have enclosed a check for \$42 US, payable through a US bank (such as CitiBank or Bank of New York).

### 3. Payment Options: Write a check (cheque) or credit card

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### 5. Mail this completed form with your check or credit card info to:

**The Nutrition Reporter**  
**PO Box 30246**  
**Tucson AZ 85751-0246 USA**

# The Nutrition Reporter™

The independent newsletter that reports vitamin, mineral, and food therapies

Dear Reader,

Now, it's easier than ever...

For you to keep up with the latest research on the benefits of vitamins, minerals, and healthy foods.

Each year, thousands of articles on vitamins, minerals, and dietary therapies are published in medical journals...

Articles about the health benefits of vitamins C and E, coenzyme Q10, chromium, glucosamine...and dozens of other natural substances found in foods...information about how doctors use them to prevent and treat heart disease, high blood pressure, arthritis, cancer, diabetes...and many other conditions.

## **The Nutrition Reporter Keeps You Up To Date**

As a bestselling author, I've been writing about advances in vitamins and minerals for 30 years. You've seen my articles in *Alternative Medicine, Better Nutrition, Body & Soul, Let's Live, Modern Maturity, Natural Health, Medical Tribune*, and many other magazines, as well as in leading scientific journals.

During this time, I've learned how to dig out practical information about vitamins, minerals, and other nutrients from medical journals.

I describe the best of this research in *The Nutrition Reporter*™ newsletter. Each issue summarizes the latest findings...usually before they appear in other magazines.

Furthermore, each article in *The Nutrition Reporter*™ is fully referenced to its original medical-journal source. That way, you know where the information is based on solid scientific findings.

## **Top-notch medical advisors**

My medical advisors include Ron Hunninghake, M.D., medical director of the world's largest nonprofit nutritional medicine center; Ralph Campbell, M.D., a seasoned pediatrician; Peter Langsjoen, diplomate, American Board of Cardiology; Marcus Laux, N.D., one of the nation's leading naturopathic physicians; and respected herbalist James A. Duke, Ph.D.

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## **No annoying advertising**

Unlike many other newsletters, *The Nutrition Reporter*<sup>™</sup> is not published by a vitamin company, and it does not accept advertising. *The Nutrition Reporter*<sup>™</sup> publishes just the facts without trying to sell you anything. We don't sell our mailing list either.

## **Get two free issues**

*The Nutrition Reporter*<sup>™</sup> publishes 10 regular issues a year and at least two bonus issues. It's only \$28 for a one-year subscription – that's less than half the cost of almost every other nutrition and health newsletter.

If you subscribe right now, I'll immediately send you two free recent issues – a \$5 value – to help you catch up on recent vitamin research you've missed.

Furthermore, you also have my personal money-back guarantee. If you're not completely satisfied, I'll send you a prompt refund for the issues you haven't received.

*The Nutrition Reporter*<sup>™</sup> is one of the best ways to learn about the latest research on the vitamins, minerals, and other nutrients so important to health. Subscribe today! Complete the form and return it with a check for \$28.

Sincerely,

*Jack Challem*

Jack Challem  
Editor & Publisher

PS: To do what's best for your health, you need to keep up with the latest research...and *The Nutrition Reporter*<sup>™</sup> makes it easy. Subscribe today – and I'll help you catch up on what you've missed by sending you two free recent issues.